

Top tips  
for  
teeth

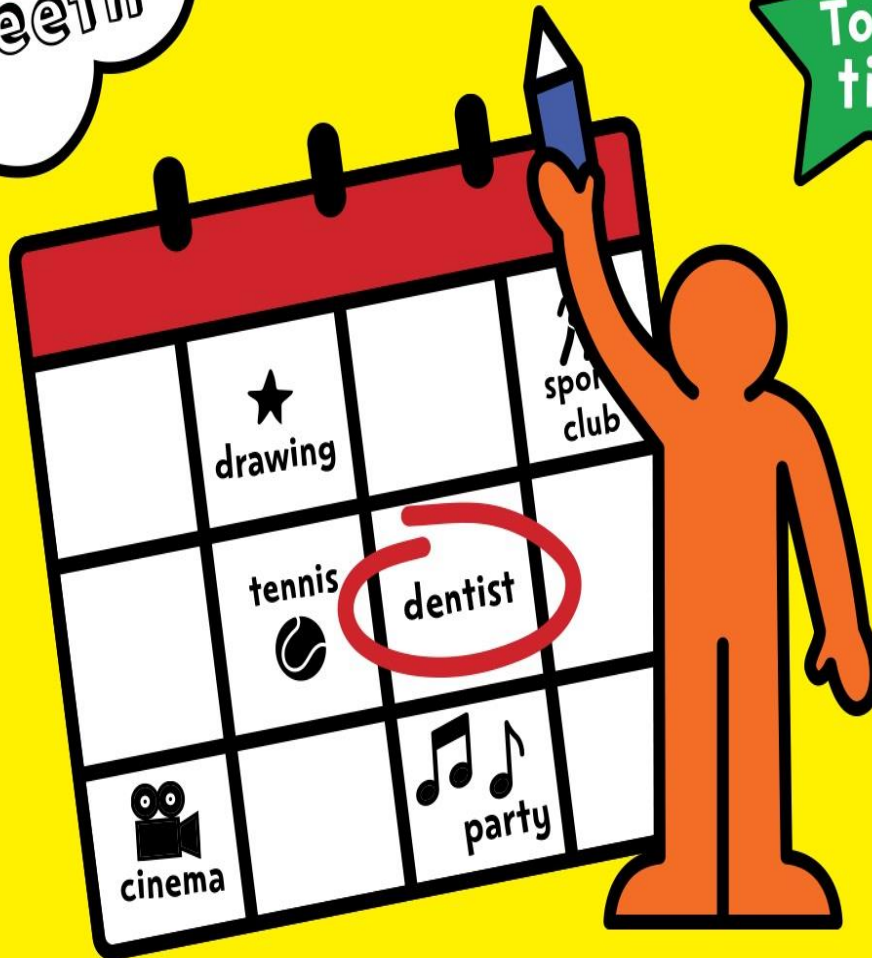


# Visit the dentist

(It's free)

Visit the dentist regularly. It's free for pregnant women and all children under 18.

Ask your dentist for more top tips.



start 4 life

change 4 life