

Vicky, your local area coordinator is here to help with;

YOU: thinking about how to make life better and looking at what you have to offer

CONNECTING WITH OTHERS: linking people together and being apart of your community

INFORMATION: finding out about what's happening in your area and getting the right help from services

TAKING ACTION: making positive steps

Name

Date

You can contact me by Phone or Email

Vicky Utting

07534 263203

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Things I want to do

LOCAL AREA CO-ORDINATOR

An approach to supporting people and their families to have a good life in their communities



Coalville

Areas covered:

Agar Nook / Greenhill /
Coalville East & West /
Snibston North & South

Vicky Utting

Local Area Co-ordinator

07534 263203

LOCAL AREA COORDINATOR



A local area coordinator normally:

- * Works in community buildings
- * Works in partnership, with other groups and services
- * Develops networks to increase opportunities
- * Provides information



Local Area Coordination

Looking at practical ways of achieving goals and visions for a good life. Staying stronger for longer and helping to prevent reaching a crisis point.

A Local Area Coordinator can provide:

Short Term Support - providing information and signposting to local services or community groups

Longer Term Support - taking time to help with steps to reaching goals and making positive changes to help a happier life

- * Spends time to understand a person's strengths and aspirations
- * Helps set goals
- * Connects people to groups informal support
- * Will support people to access the right service if required
- * Create and support community group
- * Listen to ideas from the community

We work with local people, local and county wide organisations and services to promote opportunities for people who may be at risk (vulnerable) or trying to cope with daily life due to their age, disability or low level mental health needs and those who are socially isolated.

We use:

Asset Based Community Development which looks at what the community currently offers. What the community, individuals, families, groups can offer in the future and how they can support each other.

A Preventative Approach which improves:

- * Health and wellbeing - feeling safe, strong, staying well and happy
- * Confidence and self esteem
- * Opportunities to be involved in the community
- * Independence
- * Feeling connected to people so not to feel isolated