

Broom Leys Surgery

PPG Meeting Minutes



Date: 18th January 2024

Time: 16:00

Venue: Meeting Room

Attendees: separate list

Apologies: separate list

NO.	DISCUSSED:	ACTION BY:
1.	<p>Welcome, Apologies & Introductions.</p> <p>Anthony and Ena both PPG members sent their apologies for non-attendance.</p>	
2.	<p>Approval of the minutes of the previous meeting was approved with no changes necessary.</p>	
3.	<p>Matters arising from the last meeting</p> <p>Pauline P (Chair) informed attending everyone about future meetings being held on the third Thursday of every other month.</p>	
4.	<p>Inbal – Mental Health Neighbourhood Lead</p> <p>Inbal who is the Mental Health Neighbourhood Lead for Northwest Leicestershire, came to share how local practices can work together with the local councils and businesses to encourage patients to talk about their own mental wellbeing.</p> <p>Inbal also shared how these cohort of patients can either be referred clinically or via the new JOY App, which is a new service commissioned by the Integrated Care Board to centrally locate all resources to connect to local groups and the GP systems to provide support where necessary.</p>	
5.	<p>Sophiea – NHS Talking Therapies</p> <p>Sophiea shared the name change from Vita Minds to Vita Health Group. This service continues to provide talking therapies across the UK including Derby and Leicester.</p>	

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	<p>Talking Therapies are designed as an entry point into NHS mental wellbeing support and can be referred on as necessary. The core target group starts from the age of 16 years or above who is suffering from mild-moderate anxiety or depression only.</p> <p>Patients can self-refer to Vita Minds by filling in an online form or by calling 0333 094 5595 or by speaking to their GP to be referred.</p>	
6.	<p>Practice Updates</p> <p>KS updated every one of the latest staff changes, including the start of a full time Nurse Associate.</p> <p>PB shared that our new website is now live and can be accessed in the same way as before which should allow patients to clearly access online services and see the most up to date information.</p> <p>PB also shared that Broom Leys Surgery has been awarded with a Bronze award for RGCP Greener Practice Toolkit which the team have been working towards by promoting greener standards, such as composting and turning off lights when not in use.</p> <p>PB and KS both discussed the ongoing issues the practice is having with Well Pharmacy next door and how these patients have received a text for awareness and the option to nominate a new pharmacy if wishing to do so.</p>	
7.	<p>Date and time of Next Meeting</p> <p>Our next meeting will be held on 31st March 2024.</p>	
	<p>Meeting Closed</p>	