## Menopouse Q&ATALK

The Social Prescribing Link
Worker Team will be on hand to
provide information on
Menopause Clinics and
wellbeing

## Lead by a Menopause Specialist

## A CHANCE TO UNDERSTAND MORE ABOUT:

- DIAGNOSIS
- SYMPTOMS
- HRT
- & ALTERNATIVE THERAPIES

BOOK YOUR PLACE BY SCANNING THE QR CODE BELOW



When: 28th of March at 6.30pm.



Where:
Whitwick and Coalville
Leisure Centre
Stephenson Way,
Coalville LE67 3FE



Any questions?
Please email
sakshi.limbulenhs.net



Please follow the QR code to guarantee a space. Or, call us on 01530 831645 (option 2).

